

CYBERWELLNESS NEWSLETTER

NEWSLETTER #3

TERM 2 EDITION



Helping our students choose kindness

Effect of Social Media on our children

In recent years, social media has become part of our lives, even among children. Despite the age restrictions on most social media sites, we recognize that it is reality that social media has had a profound effect on how children interact, allowing the children to communicate with each other from their own devices.

It is important then to guide them on how to choose kindness when interacting with others online.

Kindsville Comics

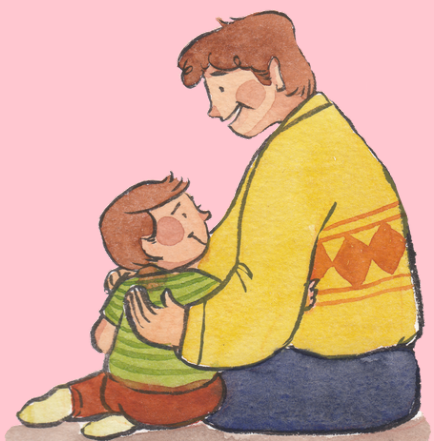
Follow this link to read a comic strip about dealing with online chats. This could be a good conversation starter with your child.



Other CW resources:



Follow this link to visit our Fuhua Primary School Cyberwellness Resource Page





Conversation pointers to guide your child on choosing kindness:

You could ask your child how he/she could...

1. Show encouragement to someone

- Words of encouragement can brighten up someone's day

2. Share positive stories

- Share positive stories or give useful comments to spread positivity online.

3. Consider how your posts/comments would make your readers feel

- Before you share something online, imagine how it might make someone reading it feel. Think carefully before you write something online.

4. Be respectful

- You may not always agree with everyone's opinions, but you can still be kind and respectful to others. You can still have a fruitful discussion even when you do not share the same views.

5. Speak up against unkind acts

- Stop others from posting hurtful content and remove those that have been posted.



Be Kind

Be a Positive Influence

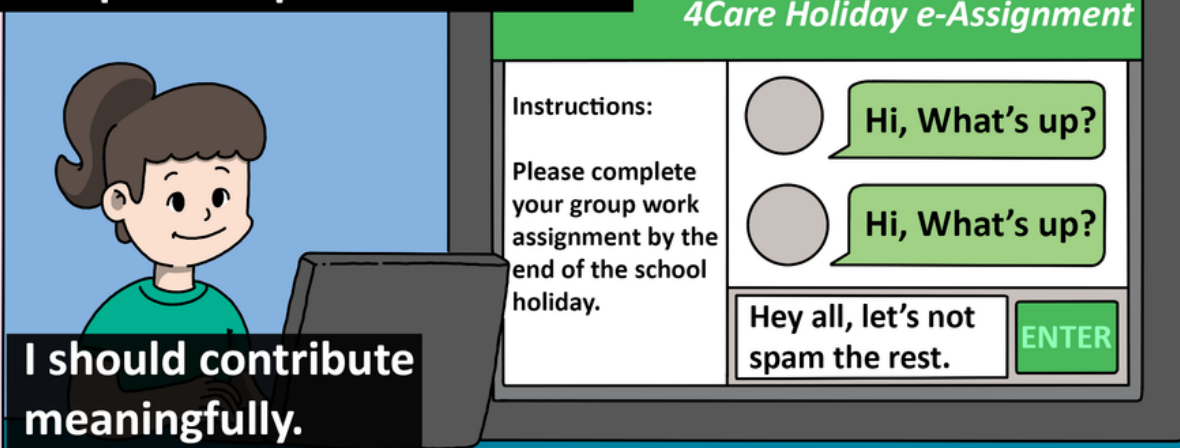
Post positive comments online.



Be an upstander!



Create a meaningful and positive presence online.



I should contribute meaningfully.

CYBER WELLNESS



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